



Harvest Abundance



HARVEST OFTEN

Check your garden at least once every other day for any shifts, needs, and especially harvesting during the height of production. Be sure to only harvest about a third of a plants like greens/lettuce. Consistent harvesting supports plan health and longevity.



DEAD HEAD FLOWERS

Cutting back the declining or dead flowers will help the plant send nutrients and energy to continue to produce throughout the season. Feel free hang your clippings to dry, save seed and/or use in natural creative projects.

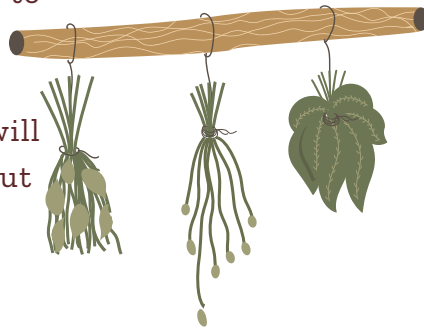
HARVESTING HERBS

It is important to harvest herbs frequently. When an herb is not harvested, it will bolt and flower. This causes the taste of the herb to decline and typically will turn somewhat sour or less distinct. Constant upkeep of harvesting will not only keep your herbs fresh but will help your plant flourish.



REPLACING CROPS

It can be hard to decide when a crop has produced a majority of what it has. It can also be challenging to make the decision to take a plant out. It is important, especially when growing in a small space, to notice when a plant is spent in order to make room for the next crop, whether that be a cover crop in preparation or for another complementary succesional planting.



PRESERVATION

All living things need water, they need this to stay hydrated. They drink water through their roots. This also moves the nutrients through the plant.



STORAGE

Many crops are able to be stored and saved without preservation in a cool, dark area. For example, winter squashes, pumpkins, potatoes, onions, garlic, rutabagas, etc.

Content and infographics developed by Megan Pullin, M. S. 500 RYT. For educational purposes only



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