



VIRTUAL PROGRAM TRAINING

SAVE THE DATE
02.27.24 ~ 9AM-2PM

Flourishing in the Garden is an integrative 7 week garden based youth program. FIG has a holistic approach to mind~body~land that incorporates permaculture principles, yoga principles (including yogic energetics through the chakra system), yoga shapes and breathwork, gardening/nutrition education and is informed by the flourishing index.

MORE INFO

Registration Required



If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Megan Pullin at mjpullin@vt.edu to discuss accommodations 5 days prior to the event.

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