



Integrating Your Growing Space



FOOD FORESTS

Food forests are a concept of integrating different growth levels of vegetation into one space for a thriving diverse ecosystem. These can consist of fruit trees, vining edibles, bushes, shrubs, and ground cover. Each layer is intentionally incorporated to sustain life.



PERENNIAL LANDSCAPES

Consider incorporating different perennials into your growing space. Herbs offer a multitude of benefits, often deterring a variety of pests while attracting beneficial pollinators. Other great perennial garden favorites are strawberries, rhubarb, asparagus, raspberries, blackberries, etc.

PLANTING WITH THE SEASONS

Take advantage of the seasons. Refer to cold season vs warm season crops for intentional planting. Each variety of a crop has different harvest periods, spacial, and temperatures requirements. Be sure your varieties are aligning with you goals. From here take advantage of early spring and fall with cold season varieties.



ENCOURAGE BENEFICIAL INSECTS



Don't forget to incorporate plenty of flowering varieties to give pollinators a space to thrive. Some crowd favorites are sunflowers of all varieties which also work as a trellis for vining varieties. Zinnias offer a splash of color to any garden setting. Marigolds offer pest control by deterring beetles and aphids.

Content and infographics developed by Megan Pullin, M. S. 500 RYT. For educational purposes only



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